



News for Lake Country UUs

Lake Country Unitarian Universalists
rejoice in life, find the sacred, seek justice,
with open minds and hearts.

JANUARY 2012

James Hobart, Minister
Stephanie Flessert, Office Administrator
Kerry Duma, Director of Religious Education
Karen Haskell, Choir Director

Sunday Services & Religious Education for Children/Youth—10:00 a.m.

W299 N5595 Grace Drive, Hartland, WI 53029
At the intersection of Hwy E & Hwy K

January 1: "Resolving to Be a Blessing", Rev. Bret Myers

New Year's Resolutions often focus on how we can change some part of ourselves for the better for the sake of ourselves. But what if our focus was to be a blessing to others? We will explore some ways in which the New Year can be a new beginning in how we look at ourselves, the world, and our place in it. How can we help envision and create a world that is focused on what we can do for others? If you have a list of New Year's Resolutions, bring it to church this first Sunday of the 2012, and we will share our thoughts with each other!

January 8: "Beginnings: A New Year vision", Rev. James A. Hobart

The New Year 2012 is a week old. I've been your transitional minister just over five months. This seems a good time to put on my "forward-looking" glasses concerning what may lie ahead for the Lake Country UU Church.

January 15: "Dead or Alive: The Debate Over the Immortal Soul", Philip Chard *

Recent advances in the neurosciences and the study of consciousness are challenging the widely held belief in the existence of the soul as an immortal presence within human beings. However, mystics and spiritual seekers dispute the methods and conclusions drawn from studies of the brain, near-death experiences and the biological origins of consciousness. We will consider both sides in this debate and examine the psychological and spiritual underpinnings that sustain the belief in an immortal soul.

January 22: "The Elementary Religious Question", Rev. James A. Hobart

The sermon title is inspired by a question Albert Schweitzer raised. What is the basic or fundamental religious question we answer through our living?

January 29: "Sparks of Divinity", Rev. Linda Hansen

Using a story called "The Rabbi's Gift" as told by William Houff, we'll explore the power within us to draw out the best in others and ourselves, thereby helping to bring to life our first principle which calls our congregations "to affirm and promote the inherent worth and dignity of every person."

** Bio: Philip Chard is President & CEO of Empathia, Inc., a global EAP and behavioral services firm providing health, safety and productivity solutions for over 300 companies representing over 2 million covered lives. He writes an award-winning weekly column in the MILWAUKEE JOURNAL SENTINEL titled "Out Of My Mind," and is author of The Healing Earth, which won the 1995 Midwest Publishers Award, Nature's Ways, which examines the spiritual aspects of nature interaction, and Beast Management, which provides creative approaches to workplace conflict resolution. Philip is a contributing writer to Chicken Soup for the Woman's Soul, has been a guest expert on ABC Television's 20/20, and has presented at the Brookings Institution. He holds a master's degree in counseling psychology and taught behavioral sciences at Michigan State University, where he received an Outstanding Faculty Award.*

OFFICE HOURS:
Church Office: (262) 369-1703

Stephanie Flessert, Administrator
E-mail: admin@lccuuc.org

Mon. / Tues. / Fri. = 10 a.m.—3 p.m. & Thurs. = 12—4:30 p.m.



Prelude

"Fast away the old year passes, hail the new ye lads and lasses..."

2011 comes to a close, 2012 begins. This season is often given to making New Year resolutions. I've never taken to the practice. I do not criticize those who make up a mental or written list. I do recommend that we all focus more on resolution than a list of resolutions. Which is to say, let us be resolute or firm in our determination to achieve the goals we have decided upon as individuals or as a community.



In regard to resolution, the Lake Country UU Church has some notable common achievements among its people during its short history. The first occurred fifteen years ago. A few religious liberals in the lake country resolved that it was important to have a liberal religious community voice in this region. In 1997 these pioneers began to hold weekly afternoon services in rented space in a Delafield Presbyterian church. In 1998 the Lake Country UU church affiliated with the Unitarian Universalist Association. By 2000, the congregation had moved to another larger Presbyterian church in Wales.

The second major congregational opportunity and resolution occurred in 2006, when the sixty members of the church determined to take the large financial step of purchasing a church building in Hartland. They achieved this common goal. During the next five years the membership grew to the present one hundred forty adults, and there is as well a thriving children and youth religious education program.

As 2012 begins, a third major opportunity and challenge captures the imagination and tests the resolution of the congregation. You have a stated intent to call a full-time minister. The upcoming 2012 spring stewardship campaign will help determine how soon this goal will move from intent to accomplishment.

I have no doubt that full-time ministry will be achieved by the Lake Country UU Church. The history of your congregation supports that the stated intentions of its people become accomplished facts. This history drew me to accept your invitation to work with you toward achieving your goal of full-time ministry. I can't predict whether this goal will be reached within two years, or whether it will take more time. I do know that the upcoming 2012 stewardship campaign will begin to provide this answer. I also know, because it has been shown by your past achievements, that common resolution is always the key. When everyone is generous-generous with time, generous with effort, generous with financial resources - the outcome is never in doubt. Common commitment and shared resolution enable the future you all envision. I am honored to work with you to bring your large vision to life.

James A. Hobart

Attention - those who receive the LCUUC newsletter by mail: Visitors who have signed up for a paper copy should contact the church office by phone or e-mail if you wish to continue to receive this mailing in 2012 for \$8. You may choose to have it e-mailed at no charge. Churches, members & active non-members will continue to receive a paper copy at no charge or may switch to receiving it by e-mail.

On Board



The Board had a busy December. We met on December 4 for an Ad Hoc LCUUC Board Meeting after the Sunday service. The board had two items on the agenda for the December 4 meeting: the 2012 Green Fair and disclosure of pledge amounts to the minister of LCUUC. The Board quickly voted to support and sponsor the Green Fair and then moved on to discuss the second issue in preparation for the Listening Session scheduled for December 11 after the Sunday service. No motions were moved or voted on regarding pledges before the board adjourned.

On December 11, the Board held a Listening Session with Rev. Hobart to hear the congregation's feedback regarding the vote taken on November 7 to allow Rev. Hobart to see pledge amounts to help facilitate Stewardship of LCUUC. About 30 members and friends were present for the Listening Session.

On December 12, 2011, at 6:30 pm, the Board met for the regularly scheduled Board Meeting. Kathie G, opened the agenda discussion with the President's report. Kathie said she will be gone through January but will be attending the January Board Meeting via Skype. Barbara H will be "acting" president at the January meeting.

Under Old Business the Board voted to join Common Ground under the condition that LCUUC receive a matching grant for half LCUUC's membership fee. Betsy F will be applying for the grant on behalf of LCUUC. Also under Old Business, the Board voted to accept the SunVest payout for the Solar Panel installation.

Under New Business the Board voted to give the new Assistant Treasurer check-writing abilities for LCUUC. The Board also discussed the ministerial discretionary fund and how other churches handle it when the funds are depleted. This discussion was ended without a motion or vote taken. The Board discussed feedback from the Listening Session on December 11. No motion or vote was taken. The discussion was tabled due to the lateness of the evening. Lastly before adjourning, the Board decided to hold a charity fashion show as a fundraiser for LCUUC on May 5, 2012. Each board member promised to take responsibility for one table of 10 each, selling seats for the table or buying all the seats themselves. More details on this exciting fundraiser coming soon!

Happy New Year!

Respectfully submitted by Barbara H

Lay Pastor Care Team

Pastoral care has been identified over and over again as a very high priority for members of our church. Although Reverend Hobart is always available for serious concerns, being a part-time interim minister places limits on how much he can do. To meet the needs of our members who may require a little more than words of encouragement or a hug from a friend but less than a serious crisis, LCUUC is forming a lay pastoral care team.

This team will be trained in the model of BeFriends Ministry, an ecumenical organization that for thirty years has provided leadership training and program support for a listening ministry of lay pastoral care in churches, healthcare institutions, and long-term care facilities. We are looking for people to join the team. If you would like to learn more about how you can help provide comfort and support to our members please join us at the informational meeting *Saturday, January 7 at 10:30 a.m.* at church. Reverend Lori Hlaban and Vicki Brzeski from UU Church West will explain how their program works and explore ways of implementing it at LCUUC.

Let us know if you're interested in joining us!

Co-coordinators, Patty W and Lynne S



January Calendar of Events

(all events at LCUUC unless otherwise noted)

Every Sunday	Church Service & RE	10 a.m.
	Youth Group	11:15 a.m.
Every Tuesday	SOS (Secular Organizations for Sobriety)	7–8:30 p.m.
Sunday, 1	NO Choir practice	
Tuesday, 3	Green Fair Committee meeting	6:30 p.m.
Thursday, 5	20th Century Philosophy: Arendt class	6:30 p.m.
Saturday, 7	Lay Pastoral Care meeting	10:30 a.m.
	5th/6th grade "Coming of Age" Overnight	5:30 p.m.
Sunday, 8	Choir Rehearsal	8:25 a.m.
	OWL Parent Orientation	11:30 a.m.
	Craft Group at Linda F's house	2 p.m.
Monday, 9	Board meeting	6:30 p.m.
	"Mindfulness in Everyday Life" class	6:30 p.m.
Tuesday, 10	T'ai Chi class	10 a.m. or 6 p.m.
Wednesday, 11	RE Committee meeting	6:30 p.m.
Thursday, 12	20th Century Philosophy: Arendt class	6:30 p.m.
Sunday, 15	Choir Rehearsal	8:25 a.m.
Monday, 16	"Mindfulness in Everyday Life" class	6:30 p.m.
Tuesday, 17	T'ai Chi class	10 a.m. or 6 p.m.
Wednesday, 18	Social Action Committee meeting	7 p.m.
Thursday, 19	20th Century Philosophy: Arendt class	6:30 p.m.
Friday, 20	Parent Covenant Group	5:30 p.m.
	OWL Opening Retreat	6 p.m.
	Socrates Café @ Milw. St. Traders, Delafield	7 p.m.
	Newsletter Deadline	
Saturday, 21	UU Orientation Class	9:30 a.m.
Sunday, 22	Choir Rehearsal	8:25 a.m.
Monday, 23	"Mindfulness in Everyday Life" class	6:30 p.m.
Tuesday, 24	T'ai Chi class	10 a.m. or 6 p.m.
Thursday, 25	20th Century Philosophy: Arendt class	6:30 p.m.
Sunday, 29	Choir Rehearsal	8:25 a.m.
	"Hungry for Change" discussion session	1 p.m.
	OWL Class	6 p.m.
Monday, 30	"Mindfulness in Everyday Life" class	6:30 p.m.
Tuesday, 31	T'ai Chi class	10 a.m. or 6 p.m.

*Secular Organizations for Sobriety, also known as Save Our Selves, is dedicated to providing a path to sobriety, an alternative to those paths depending upon supernatural or religious beliefs. SOS respects diversity, welcomes healthy skepticism, and encourages rational thinking as well as the expression of feelings.

JANUARY

**Happy Birthday
Wishes to:**

3 Kaz S
4 Angel T
5 Paul J
7 James F
8 Ben O
10 Christi E
10 Laura L
10 Christina W

15 Dennis U
16 Bo S
17 Ben J
21 Mary D
26 Michael F
26 Kirsten J
26 Evan S
30 Samantha N



(Please contact Stephanie Flessert if your name is not included in the birthday congratulations.)

Religious Education

The New Year is here, bringing with it much excitement and enthusiasm at LCUUC. We have a new Parent Covenant Group meeting monthly to explore parenting topics of interest to the group. We also have two special programs beginning in January – the 10th – 12th Grade *Our Whole Lives* program and the 5th/6th Grade “*Transitions 1 – Identity*” Program.

- * The mandatory Parent Orientation for OWL will be held on Sunday, January 8th from noon to 2:30 p.m. OWL Classes for 10-12th Graders will begin on January 27 and will go until March 24. Information on this program was in the December newsletter. Please contact me with any questions you may have about this program.
- * The Transitions 1 program will start with an overnight on Friday, January 7 and then the group will spend five Sunday mornings doing the “*Transitions 1 – Identity*” curriculum with Sue L, which will culminate with them presenting a special worship service for the congregation on February 19. This is a unique opportunity for us to get to know some of our younger members as they transition from childhood to adolescence.

Here's a brief recap of what's happening in our RE classrooms:

- * Our high schoolers have been learning about many types of spiritual practices including meditation, mindfulness, t'ai chi, yoga, reiki, prayer, art and justice practices.
- * Our middle schoolers have considered many ethical ideas and concepts and have started planning the youth con they will be hosting here on March 31. The theme of their con is “*Around the World*”, and they plan to share food, play sports and hear music from around the world and consider different points of view from the continents of our shared planet.
- * Our 3rd – 5th graders have learned about many holidays and holy days of various religious and cultural groups this year, including Hanukkah, Rosh Hashana, Sukkot, Ramadan, Divali and Posados. In the coming year they will talk about Martin Luther King Jr., celebrate the Chinese New Year, learn about a few important UUs, celebrate Mardi Gras, learn about Passover and Easter, and celebrate Buddha's birthday and Earth Day.
- * In our youngest classroom, the children continue to play, sing, and do art and movement as they consider various stories and ideas about God.

Please keep in mind that mature youth are welcome to register for the Mindfulness Meditation and T'ai Chi classes that are starting up in January at LCUUC.

On December 18, our children were paired up with an older and younger “buddy” for a Joint RE where they made Gingerbread Houses and Gingerbread ornaments for the Holiday Giving Envelopes for clients of Interfaith. I'd like to thank the people who helped with this fun Joint RE – Susan A, Dian E, Arlene R, Mary and Rollie D, Dave C and Helen B. Interfaith thanks all of our kids for their help in bringing a little Christmas cheer to these individuals.

As the New Year begins, I want you all to know that I am here to talk about any ideas, questions or interests that you or your children may have.

*Warmly in faith,
Kerry Duma
Director of Religious Education*

Special Workshop for Families –
Bringing UU Values into the Home

This workshop, originally scheduled in October will be offered on *Sunday, February 12*.

All are invited to a special workshop presented by Mary Sue Reutebuch, Montessori Educator and Faith Formation Director, who will share tools for enhancing your family's connections to each other and to enriching your family's spiritual life.

The workshop “*Bringing UU Values into the Home*” will begin with a shared potluck meal. All are invited, including children, to join the meal and the workshop. Mary Sue will give concrete suggestions for ways to improve family communication, develop mutual bonds, share important family stories, respect differences and enjoy time together. Portions of the workshop will be interactive, and children will be included. The tools in this workshop would also be useful for couples and anyone who desires closer connections to others in their lives.

The workshop will begin at noon with a shared potluck meal and end around 2:00pm.

Ms. Reutebuch isn't charging for the workshop, but donations will be accepted to go toward Hispanic students at UW-Whitewater who have been denied loans due to their immigration status.



HIGH SCHOOL YOUTH GROUP

Every Sunday after the service (and the RE classes), a group of high schoolers gather in the high

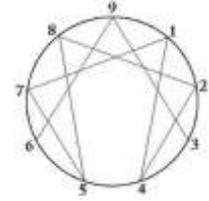
school room for the LCUUC Youth Group. It's a very relaxed meeting, but also beneficial to the youth and to the church. The Youth Group gives the students time to hang out together and to plan events beyond RE time. Students discuss matters such as curriculum, community service plans, church activities, fundraisers, and social events. Starting after the service had ended (and the students have gotten food and drinks, of course), one student volunteers to lead that particular meeting, introducing each subject and keeping everyone focused and on track. We also have a Facebook group where we can continue discussions between meetings.

At the beginning of the church year the group voted on which events they wanted to focus on. So far, this group has planned and/or participated in the community service/raking, the fright hike at Lapham Peak, the "Light the Labyrinth" event, and the Wausau District Youth Con. We are now planning the upcoming summer service trip to New Orleans, serving a meal to the needy, and a romantic Valentines Day dinner that was offered at the silent auction.

The Youth Group has been very successful and very helpful to the highschoolers, teaching them about planning things completely and thoroughly. It has also brought them closer together. They have a lot of fun hanging out together and have built some awesome friendships. Thank you to Janice and Jim T for getting this group organized. We are always looking for more students and adult volunteers to get involved . . . so come join us!

Maya S

The Spiritual and Practical Wisdom of the Enneagram



During this one-day workshop, we'll explore the Enneagram, a centuries-old psychological system with roots in sacred tradition. The Enneagram describes fundamental patterns of thinking, feeling, and acting, and is a tool for furthering our understanding of ourselves and others. It is:

- 1) a system for examining relationships among personality types
- 2) a way of understanding how your gift can also be your curse
- 3) a way of understanding how you organize your perceptions and contribute to the world
- 4) a map to the soul

Details:

Day: Saturday, March 3, 2012

Time: 9 a.m. to 4 p.m. (1 hr break for lunch, on your own)

Fee: \$60 LCUUC members/\$70 nonmembers

Location: LCUUC

Facilitators*: Kim Stege and Pamela Johnson of First Unitarian Society in Madison

Prior to the workshop, you will need to purchase the book *Essential Enneagram: The Definitive Personality Test and Self-Discovery Guide—Revised & Updated*, by David Daniels and Virginia Price (2009) and use it to administer your self-test. A follow-up workshop, "The Enneagram: Going Deeper," will take place on Saturday, May 5. Registration for that session is independent; more information to come later.

Contact Kathie G to register or with any questions. Deadline for registration is Feb. 25 (min. 12) but please register early!

**Kim Stege and Pamela Johnson have offered this enriching and self-reflective workshop in each of the past three years, in Madison. Kim first began her Enneagram study in 2000 and in 2009 became a certified Enneagram teacher with the Palmer/Daniels Enneagram Training Program in the Narrative Tradition. Pamela encountered the Enneagram in 1994 and seeks to use its insights to deepen self-understanding and expand humor and compassion among people.*

20TH CENTURY PHILOSOPHY: HANNAH ARENDT



Come and join us here at the LCUUC on four Thursday evenings, from 6:30pm-8:30pm, January 5th through January 26th, 2012, to experience the insight of one of the most profound thinkers of the 20th century.

- ❖ You can purchase your own copy of *The Life of the Mind* by Hannah Arendt, ISBN 0-15-651992-5 on line by going to Abe Books.com.
- ❖ Interested? Contact Gus at dragongus@wi.rr.com or call (262) 442-6981



Winter Class

MINDFULNESS IN EVERYDAY LIFE

Winter 2012

The Intra-vaganza
led by Paul Norton, M.D.
Order of Interbeing

Eleven Mondays 6:30 to 8:30 p.m.

Lake Country Unitarian Universalist Church
W299N5595 Grace Drive, Hartland, WI 53029

Jan 9 - Beginning Mindfulness Practice
Jan 16 - Sitting and Walking Meditation
Jan 23 - Mindfulness of Body
Jan 30 - Mindfulness of Feelings
Feb 13* - Mindfulness of Thought
Feb 20 - Mindfulness of the World
Feb 27 - Four Noble Truths
Mar 5 - Lovingkindness
Mar 12 - Compassion
Mar 19 - Sympathetic Joy
Mar 26 - Equanimity / Graduation
* one week gap in class

\$175 for entire course \$20 for any individual week
Includes reading materials and 2 CDs of guided meditation

To register: Email milwmindful@hotmail.com or
Phone 414-962-8678 or Mail to Mindfulness Center
1922 East Park Place, Milwaukee 53211

All proceeds go to the Mindfulness Community of Milwaukee and
Lake Country Unitarian Universalist Church



T'ai Chi Classes

Tuesdays (January 10 – March 27)

Mornings 10:00-11:15 am or Evenings 6:00-7:15 pm

Instructor: Jim Bayer of Everyday T'ai Chi Ch'uan

Cost: \$120 (bring check made out to LCUUC to 1st class)

This gentle form of exercise can prevent or ease many ills of aging and could be the perfect activity for the rest of your life.

Tai chi is often described as "meditation in motion," but it might well be called "*medication* in motion." There is growing evidence that this mind-body practice, which originated in China as a martial art, has value in treating or preventing many health problems. And you can get started even if you aren't in top shape or the best of health! Known benefits:

- * Builds muscle strength
- * Increases flexibility
- * Improves balance
- * Provides aerobic conditioning
- * Enhances treatment of arthritis, low bone density, breast cancer, heart disease, heart failure, hypertension, Parkinson's disease, sleep problems, and stroke

Register on the sign-up sheet in the lobby, call the church office at (262) 369-1703 or e-mail admin@lcuuc.org.

Everyday T'ai Chi Ch'uan is the project of Jim Bayer, who has benefited greatly from his practice of T'ai Chi, and is dedicated to sharing it with others. He is a regular student at the T'ai Chi Ch'uan Center of Milwaukee, which has been in existence since the early 1970s. The Center combines two powerful streams of Chinese martial arts, the popular T'ai Chi lineage of Prof. Cheng Man-ch'ing and Benjamin Pang-jeng Lo, and the martial and Taoist teachings of General Yin Chian-ho, who taught traditional Chinese Kung-fu in Milwaukee for many years.

Jim Bayer began at the T'ai Chi Ch'uan Center of Milwaukee in 1992, and was certified to teach by the school's director, Michael Milewski, about 8 years later. Jim is honored to be a member of the Center's Board of Directors. His teaching style combines humor and hard work, and while he emphasizes the healing and personal growth aspects of T'ai Chi, he enjoys sharing its self-defense capabilities as well. Jim hopes to pass on the complete traditional art of T'ai Chi Ch'uan, helping to preserve it for future generations.

Guest at Your Table program raises for \$620.76 for the UUSC!

Congratulations! This year we raised \$620.76 through our Guest at Your Table program, which benefits the Unitarian Universalist Service Committee. The UUSC works to promote economic rights, advance environmental justice, defend civil liberties and help in humanitarian crises. Our donations will be used to support projects that advance human rights and social justice around the world. Thank you for your support!

Coffee and Juice

Help is needed to set up and serve during our social hour after Sunday services. Please sign up on the calendar located in the kitchen for the Sunday that works best for you. (The kitchen calendar is the official one.) If you are new to helping with this or want more information, please contact Dian E.



Get Involved / Things to Do

Craft Group

Our next meeting will be on *Sunday, January 8 from 2 - 4 p.m. at the home of Linda F.* We will be "up-cycling" soda cans into jewelry. (Please bring empty soda cans.) There will be punches to use to cut out the pieces you need, for assembling later. Please call Linda to let her know you plan to attend. All are welcome!



Terrific Tuesdays

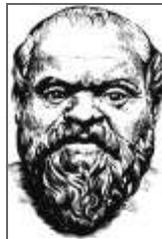


Terrific Tuesdays Meditation are suspended until Diane MacBain has recovered. Due to the opportunity to attend Dr. Paul Norton's Mindfulness Class starting January 9th, we will wait to see if anyone is interested in resuming

Terrific Tuesdays after his course is completed. If you have any suggestions on this matter, please call Diane M.

Socrates Café

Socrates Café will take place on *Friday, January 20 from 7 to 9 p.m. at the Milwaukee Street Traders, 523 Milwaukee Street in Delafield.* Socrates Café consists of a casual, lively philosophical discussion! Bring a question (if you'd like), such as "What is courage?" or "What is enough?" Using the Socratic method, in which the meanings of the words and the underlying assumptions in the question are examined, we will perhaps not answer the question, but it will be explored from many angles. Come to listen or to participate in discussion. We hope to see you there! Contact Lynne S with any questions.



Announcing this year's annual LCUUC Retreat

The theme is "Stone Soup"! "Small kindnesses make a community whole and lift up all of its members." - Ann Bauer



Join us for a day of spiritual nourishment. We'll hear inspiring stories, explore and give voice to our beliefs, and take action to benefit others in our world. All ages are invited!

What: Annual LCUUC Retreat

When: Saturday, February 4, 2012

Time: 9:30 to 3:30

More info and an opportunity to sign up will be available after the holidays. Mark your calendars!

From your Retreat Planning Committee:
Anna F, Beth P, Kristin S, Chris W, Kerry D

ChoralFest 2011

Six South East Wisconsin UU Council (SEWUUC) choirs will combine in concert on Saturday, February 18, 2012 at Racine's sonorous First Presbyterian Church, 716 College Avenue (Corner of College & Hwy 20 (aka Washington Ave.)). The 2:30 PM concert will feature songs sung by each participating



choir and will conclude in massed presentation. The choirs celebrate the Earth, and Christian, Jewish, Buddhist, and Islamic religions. A reception will follow the concert.

The finale starts with UU composer Aldophus Hailstork's Shalom, the Gregorian chant Ubi caritas et amor, Deus ibi est, overtone singing, and muezzin (Islamic chanter) Nabbeh Al-Amin intoning the Azan, or Call to Prayer. Combined, the songs create a moving demonstration of the love and beauty in all religions.

SEWUUC will present the Unsung UU Award at this concert. We are asking for a goodwill offering.

Participating choirs are from Lake Country UU, Hartland; UU Church West, Brookfield; Bradford Community, Kenosha; Unitarian Church North, Mequon; United UU Church of Mukwonago; and Olympia Brown UU Church of Racine.



Winter WomanSpirit 2012

Friday, February 3 - Sunday, February 5

Unitarian Universalist Church of Rockford presents:
Heart Pulse: The Sacred Journey into Sound
 with Keynote Speaker: Ragani

Explore your self through the myriad of workshops available Saturday and immerse yourself into the Heart Pulse that Ragani plans to share with us over the weekend. Shop your favorite vendors and find a few new favorites, as well! Share a hotel room with a friend, or meet a fellow UU through home hospitality. The options available are truly endless as the women of the Central Midwest District come together for another year of personal enrichment, sisterhood, and fun!

You may print the HTML brochure from our website, or register [online](#). If you have ANY issues with online registration, contact Jessica Hunsberger, our Office Tech, with a detailed description of the issue you had at wws@womenandreligion.org.

Important Registration Dates & Information!

DEADLINES - Your request must be postmarked by:
 January 20 - Last day to register

Event Dates:

- February 3 - Registration opens
- February 4 - Workshops, lunch, keynote, and concert. (Please note, the concert is a separate entity, and requires a separate purchase from the registration.)
- February 5 - Last day of event

Please Note: There will be NO childcare provided, we are requesting children between 0 - 6 years of age have alternative arrangements made outside of the event. Youth maidens will be required to remain with their parent/guardian throughout the event, including workshops.

<u>Registration Fee Schedule:</u>	(by Jan. 10)	(Jan. 11-Feb. 10)
Adults	\$120	\$140
Teen (13-17)	\$75	\$100
Youth (7-12)	\$75	\$100
Children under 6	No Child Care provided	
Ragani Concert	\$15	\$15
(a separate purchase)		

Social Action Committee

What LCUUC did in Dec. to improve our world:

Among other, ongoing efforts, members and friends participated in the following:

- ◆ Collected for the Sussex Food Pantry.
- ◆ Participated in the Giving Tree, providing holiday presents to women and families at the Sienna House, one of the Hebron **House of Hospitality's** emergency shelters.
- ◆ Volunteered for the Habitat for Humanity work day on Saturday, December 3, doing indoor painting on a new construction house in Milwaukee.
- ◆ Collected coats and winter clothing for the **Hope Center's Clothing Shop** for adults and children in need in Waukesha.
- ◆ Served the Outreach Meal at the Hope Center on December 23rd.
- ◆ Attended a tour of high-performing schools in Milwaukee with Southeastern Wisconsin Common Ground, a congregation-based community organizing group. The group is in the research phase of an initiative related to education.

THANK YOU to all who participated in these and other actions!

What you can do in January

- ◆ Donate to the designated monthly collection on January 15, for the Waukesha County Community Dental Clinic, which provides access to low-cost dental care for disadvantaged Waukesha County residents.
- ◆ Volunteer for the next Habitat for Humanity work day. Contact Tom H. for details.
- ◆ Continue to donate to the winter clothes collection for the Hope Center. Gloves and mittens are especially needed. All items can be placed in the bins in the Social Hall. If you have questions, please contact Diane M.
- ◆ Donate to the Food Pantry Collection on January 1 for the Hartland Food Pantry.
- ◆ Attend the next Common Ground Education Team meeting on Thursday, January 12 at 6:30 p.m., location TBD. Contact Betsy F. for further details.
- ◆ Attend the next Common Ground Waukesha County team meeting in January, date TBD. Contact Betsy F. for more info.
- ◆ Attend the next meeting of the Violence Against the Vulnerable work group on Wednesday, January 11 at 6:00 p.m., location TBD. We will continue our correspondence with Vilma, the Guatemalan woman we are sponsoring in the literacy program at Safe Passage, and will begin work on our next effort. Contact Terri F. for more information.
- ◆ Attend a Relational Meeting training sponsored by Common Ground on Monday, January 9 at 7:00-8:30 p.m. at UU Church West in Brookfield. Contact Betsy F. for more information or to sign up.

Other Social Action Committee News

- ◆ The Social Action Committee has received the support of the Board and Reverend Hobart to join Southeastern Wisconsin Common Ground, a broad-based community organizing group, **working on the area's** critical social issues. We will be joining the group in July (the beginning of the next budget cycle) for a two-year trial, contingent upon receiving matching grant funds from the UU Association. For ways to get involved or for more information, contact Betsy F.
- ◆ The next Social Action Committee meeting is *Wednesday, January 18, 7-8 p.m. in the Middle School classroom.* All are welcome!!

Green Sanctuary

Solar Electric Update:

Our solar electric system has generated over \$1,000 worth of electricity for us since it was put in service on August 4. About 2/3 of the total system price was paid for by incentives from Focus on Energy and WE Energies, leaving a total of \$70,405 payable to SunVest over 25 years. SunVest initially offered an early payoff of \$23,256, but recently gave us another offer for us to purchase the system outright for \$12,000. The Board of Trustees voted on December 12 to accept this offer, so we now fully own this asset which provides over \$3,000 in revenue each year from the electricity it generates, plus is a visible message to the community about our commitment to clean unlimited energy from the Sun.



Building/Facility Fund:

Al H and the Stewardship team sent out a request to use this as a jump-start to our Building/Facility fund, so please show your generosity and commitment to our church and make a donation to the capital funds campaign. Your donation will help upgrade our 40-year-old heating/air handling system as well as defray the final payment for the solar installation.

"Hungry for Change" Course:

We will be offering a new North West Earth Institute discussion course "Hungry for Change: Food, Ethics, and Sustainability" this winter and spring. "Hungry for Change" explores the true meaning of the phrase "you are what you eat." In a 6-session schedule, this discussion course challenges participants to examine their roles, not only as consumers of food, but also as creators -- of food, of systems, and of the world we all live in. Each session includes readings, short assignments and accompanying discussion questions that address the impact of individual food choices on a range of issues, including ecosystem health, the treatment of factory and farm workers, and the global economy. Many sessions also include video clips, podcasts and websites to deepen the learning experience. "Hungry for Change" helps participants commit to lasting change by developing and sharing personal Action Plans with each session. Please see the course flier on the Green Sanctuary bulleting board.

This 6-session course will be offered *Sunday afternoons from 1-2 p.m. on January 29, February 12 and 26, March 11 and 25, and April 8.* The course booklet costs \$21. Please let Gerry F know by January 22 if you wish to take this course so booklets can be ordered in a timely manner.

Submitted by: Gerry F

Thanks!

LCUUC's Annual "Time, Talent & Treasure Silent Auction"

Thank you to everyone who participated in the 2011 Silent Auction. A wonderful variety of items were donated and the winning bidders were very happy! It was funny to watch people "protect" their winning bid on an item they just "had" to have, as the moment of the final bell approached.

As it stands right now, the auction made \$6168.00 for our church! Whether you donated something or bid on something, your generosity is greatly appreciated.

Here is a list of auction events happening in 2012:

- ◆ Saturday, January 7th - An Evening of Cards hosted by Al & Karen H
- ◆ Saturday, January 28th - Midwinter Dinner hosted by Patty W
- ◆ Sunday, January 29th - Winter Fun at Lapham Peak hosted by Kristin S, Sue L & Kerry D
- ◆ A Sunday Afternoon in January (Date TBD) - Synchronized Swimming Lesson with Janis T
- ◆ Saturday, February 4th - Chili Dinner & Bonfire hosted by the John & Carol K
- ◆ Saturday, February 11th - Romantic Dinner hosted by the High School Youth Group
- ◆ Saturday, February 18th at 3:00pm - Cross Country Ski, Chili & Hot Tub hosted by the Phil & Lynne S
- ◆ Sunday, February 19th - Wild Game Dinner hosted by Barb A
- ◆ Saturday, March 17th - St. Patrick's Day Dinner hosted by Gerry & Esther F
- ◆ Late Winter or Early Spring (Date TBD) - Mongolian Hot Pot Meal hosted by the Kathie & Jack G
- ◆ May 28th / Memorial Day - Ledge Park Family Rock Climbing & Picnic with the Greg & Kristin S
- ◆ July 2012 (Date TBD) - Guided Prairie Tour & Picnic Lunch at Lapham Peak hosted by Mike & Yvonne F
- ◆ Summer of 2012 (Date TBD) - A Day of Canoe & Kayak from Fowler Lake to Oconomowoc Lake + Grilling & Volleyball hosted by Al & Karen H

NEWSLETTER DEADLINE

Submit all articles by the 20th of each month for inclusion in the next month's newsletter.

Mail items to: LCUUC—Newsletter,
W299 N5595 Grace Drive, Hartland, WI 53029
Or email to: newsletter@lcuuc.org



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OUR MISSION STATEMENT

Lake Country Unitarian Universalist Church is a religious community that encourages spiritual growth in compassion, wisdom and understanding. We draw inspiration from the principles of Unitarian Universalism, diverse religious sources, and the breadth of human experience. We seek to live in accordance with this inspiration, working for positive change in our community, country and the world.

www.lcuuc.org

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Lake Country Unitarian Universalist Church

