



News for Lake Country UUs

Lake Country Unitarian Universalists
rejoice in life, find the sacred, seek justice,
with open minds and hearts.



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Lake Country Unitarian Universalist Church

W299 N5595 Grace Drive,
Hartland, WI 53029

262-369-1703
www.lcuuc.org

Our Mission Statement

Lake Country Unitarian Universalist Church is a religious community that encourages spiritual growth in compassion, wisdom and understanding. We draw inspiration from the principles of Unitarian Universalism, diverse religious sources, and the breadth of human experience. We seek to live in accordance with this inspiration, working for positive change in our community, country and the world.

AUGUST 2015

Worship Services



August 2, 2015 at 10 a.m.

"Sacred Sound Meditation", led by Sound Alchemists

An experience of meditation with crystal and Tibetan bowls, flutes, gongs, didgeridoo, drums and unique percussion instruments - live and recorded. We bring peace and joy to open your hearts through vibration. With gratitude and love we are honored to share this gift with your community of like-hearted people.

Jeoffrey Hutcherson, Dawn Leader and Joe Tretow are the "Sound Alchemists" a group that has been creating sacred sound events in the Milwaukee area since 2005. "Our desire is to share with you ways of opening to transforming your life through sounds: ancient & contemporary instruments, voice & breath".

August 9, 2015 at 10 a.m.

"Blessing of the Animals", Rev. Amy Shaw

Come and join in our second annual Blessing of the Animals service. All pets are welcome - please plan to have your animal under your control in a container or on a leash/harness at all times. Fur, fins, scales, wings, no legs, 4 legs, 8 legs, or more! Children without pets are encouraged to bring a favorite animal/monster/critter toy or stuffie so that they can join in no matter what. This is a service for all ages.

August 16, 2015 at 10 a.m.

"What's in your drawers: the things we collect", Erich Moraine (Rev. Shokan Mui)

We tend to collect seemingly random objects in our junk drawers in the garage, in the kitchen or maybe that misc drawer in your desk at work. The same is true with our psyches. We tend to collect emotional "objects" which in time influence our ability to function. I will explore physical housekeeping and organizing as a metaphor for emotional/mental housekeeping. What can we do to clean house? What does history say works well? What does Zen have to say about this subject?

August 23, 2015 at 10 a.m.

"Enter, Rejoice and Come In", Rev. Amy Shaw

What does it mean to offer the outsider radical welcome? How do we let go of ownership and embrace inclusion? Is everybody really welcome? Join Rev. Amy Shaw in exploring these questions and more.

August 30, 2015 at 10 a.m.

"The Water of Our Lives: A Water Communion", Rev. Amy Shaw

Water Communion is an Intergenerational service of homecoming; on this day we come back together after our summer sojourns and we share the waters which make up our life journeys. Bring with you today a small amount of water, either from somewhere you have been this summer or collected at home to symbolize the ebbs and flow of your life over the past 2 or 3 months (water will be provided for those who forget). Come, come, whoever you are and flow along with us.



ON BOARD

The Board met on July 8. New Board president Leann R officially welcomed new Board members Karen H, Kevin S, & Pam P. Kevin has agreed to be the Board secretary (replacing John K, who is our new Vice President), Karen will be the liaison to the Connections Council, and Pam will be the liaison to the Lifespan Education Council. (Other Board members will continue their previous liaison responsibilities.) Church treasurer Joan R reported to the Board for the first time; and noted a small surplus for the fiscal year that ended June 30. Some committees are continuing to work over the summer and the Board is continuing to work on updating and revising various church policies.

Submitted by Greg V, Board Member, 7/16/15)



THE CARING CIRCLE IS AVAILABLE TO HELP DURING TOUGH TIMES!

The Caring Circle is available to provide short-term practical assistance and support to LCUUC members and friends during times of illness, death, birth or other challenging circumstances. We can provide meals, transportation, visitation, shopping, light housework and light yard work. Contact Diane M, if you are in need of some assistance.

STAFF & HOURS

Church Office Phone: (262) 369-1703



Rev. Amy Shaw: minister@lcuuc.org
Tuesday, Wednesday, Friday from 11 a.m.—4 p.m.
Other times available by appointment.

Stephanie Flessert, Office Administrator: admin@lcuuc.org
Mon. 9 am—3:30 pm / Tues. 9 am—2:30 pm / Thurs. 9 am—3:30 pm / Fri. 11:30 am—4 pm

Summer Changes: Friday, August 7 from 1:30 p.m.—4 p.m.
Off for Vacation: Monday, August 10—Friday, August 14
Off Friday, August 28

Rev. Schuyler Vogel, Minister of Religious Education: dre@lcuuc.org
To be determined.

Nancy Bratt, Music Director: music@lcuuc.org / **Doug Esty, Choir Director:** choir@lcuuc.org

Jiana Greene, Cleaning

** All staff members have mailboxes in the church office.*

Church Bulletin Board



Just for fun!

LEKOOKS WITH UKES Tuesdays at 3 p.m. in Room 3



All are welcome to bring along your uku-
lele and “jam” with us! For information,
contact Chris W.



NEWSLETTER DEADLINE

Newsletter items are due in the office by the **15th of each month.**

MUSIC PROGRAM KICK-OFF

Come One! Come All! Help us kick off the new year for the church’s music pro-
gram. If you’ve sung in choir or provided special music in the past or if you’re inter-
ested in joining choir (or just want to know more about our music program) – come
to the **2015 LCUUC Music Program Kick-off on Sunday, August 2 at 11:45 a.m.** We
will gather out near the fire pit after the coffee hour for games, a pot-luck lunch
(hot dogs and drinks will be provided), and conversation.

*Please note: Our first choir rehearsal will be August 19 from 6:30 to 8:00pm in the
sanctuary. We’ll be singing for Water Communion on August 30th.*



Mark your calendars
for these upcoming
LCUUC events!



KIRTAN CONCERT

Friday, August 14 at 7 p.m.

We are happy to introduce the
Bhakti Boys, who will lead a kirtan
here on each 2nd Friday of the
month.



NEW MEMBER POTLUCK/BONFIRE

Friday, August 21 at 6 p.m.

If you joined LCUUC in the past year or two, please
bring your family and join us for dinner and a bon-
fire, and get to know other members! Bring a dish
to pass. Hope to see you there! Contact Lynne S
with any questions.

LCUUC's Membership Committee

LIFESPAN COUNCIL



COUPLES IN RECOVERY **1st Sundays / August 2 from 9-9:55 a.m. in Room 5**

Couples in Recovery (CIR) offers a program of recovery for both partners of a couple to attend together, in addition AA, Al-Anon, and other 12-step work.

Goals include to heal, rebuild and strengthen the couple relationship. CIR follows AA principles, steps, and traditions, and applies them to a shared program of recovery. Couples who chooses to recover together, add another dimension to their individual recoveries.

We welcome you to Couples in Recovery - in this safe place, you can learn tools from other recovering couples. You will learn communication skills and have a forum to express the points of view of each partner. Here you can identify the effects of the disease on the relationship and recognize patterns of recovery that tell us recovery is progressive, too.

For more information, call 262-569-1011.



KINTSUGI SANGHA **Thursdays from 6:30-8:15 p.m. in the Sanctuary**

The Kintsugi Sangha is a place to sit in silent supportive community and share the experience of being genuinely human. It's easy to ex-

plain and sometimes not so easy to do: only just sit, gently, quietly, with a calm clear mind and open heart. The Kintsugi Sangha welcomes all traditions but draws primarily from the tradition of the Rinzai Zen lineage of Buddhism.

We have discussion topics each week about things like good and bad, joy, skillful means, judgment, attachment, fear. We learn about how traditional teachings address these subjects and also discuss how to take this information off the meditation cushion and out into the 21st century world of work deadlines, family obligations and traffic jams.

Drop by some Thursday evening; newcomers or anyone wanting more time is welcome as of 6PM. There is no prerequisite. All are welcome. Chairs and cushions are provided.

*In respectful service,
Erich Moraine (Rev. Shokan Mui)*

Save the date!

Starting in October, the Adult Enrichment Committee will be offering a four-session workshop on Creative Aging. The workshop will loosely follow the UUA curriculum based on the book *From Age-ing to Sage-ing: A Profound New Vision of Growing Older*, by Zalman Schachter-Shalomi and Ronald S. Miller. LCUUC member Kathie G will moderate the sessions, following notes from a class she took at a UU church in Florida two winters ago. There is no need to read the book to participate. Goals include:



- ◆ To awaken to a vision of spiritual eldering
- ◆ To deepen understanding of aging and elderhood
- ◆ To engage in the “homework” of spiritual eldering – journaling/writing, meditation, sharing and learning with each other
- ◆ To witness a transformation from older to elder

The sessions will be held on **four consecutive Sundays, Oct 18 and 25 and Nov 1 and 8, from 11:45 am to 1:30 pm**, and will include a simple potluck at the start.

The **deadline for registering is Thursday, Oct 1**. A minimum of three LCUUC members is needed for the workshop series to go forward. A suggested donation of \$10 for LCUUC members and \$15 for non-members will go to the church. Contact Kathie G with any questions, or sign up by contacting the office and leaving your name.

SOCIAL JUSTICE COUNCIL



Social Action Committee

FAMILY PROMISE

Upcoming Volunteer Training Session:

Tuesday, Aug. 25 / 6:30 pm at First Congregational United Church of Christ, 111 Church Street, Hartland

You may sign up online at www.fpowwc.org/volunteer or let one of our Volunteer Coordinators know and they will inform the church hosting the session.

Our next host week is **September 6 - 12.**

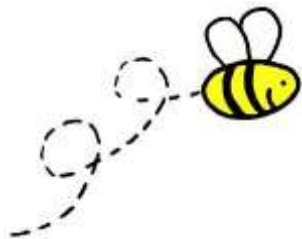
Our last host week for 2015 is **November 29 - December 5.**

Thanks to ALL,
Robert E, Sheila L, Bill L and Gina M

FOOD PANTRY & SPECIAL COLLECTIONS for 2014-15

Local Food Pantries	\$ 1228
Social Justice Collections	\$ 1274
UUSC Justice Sunday	\$ 107
UUSC—Guest at Your Table	\$ 400
UUA—Nepal Earthquake	\$ 1010
Bread of Life Community Meal	\$ 297
Family Promise	\$ 297
Other Special Collections	\$ 799
TOTAL GIVEN	\$ 5201

THANK YOU for your gifts to help others in need!



Green Sanctuary Committee

LCUUC SOLAR ELECTRIC SYSTEM ANNIVERSARY CELEBRATION: *Sunday, August 16 after the service*

Our solar electric system began operation on August 11, 2011.

It was paid for by a combination of grants (no longer available) from WE Energies and Focus on Energy, plus a special \$12,000 buy-out offer from SunVest, from whom we purchased the system. Our congregation quickly stepped up to raise the



\$12,000, and now the system has “paid for itself” from sale of electricity to WE Energies and sale of Renewable Energy Credits. So the \$3,000 or so annual revenues from the system now are pure income for LCUUC, plus our system is serving as our calling card for our commitment to clean Earth-friendly energy.

Let’s celebrate this anniversary on **Sunday August 16** with sunshine cake and solar tea after the Sunday service.

Submitted by Gerry F

PUBLIC PRESENCE COUNCIL



LCUUCs on Parade

LCUUCs on Parade



Public Presence participated in two parades recently. The first one was at the Hartland Community Fest on Sunday, June 28th. The other was at Oconomowoc on the 4th of July. We had a good group of Lekook's help dispense candy and post-cards advertising LCUUC for both events.



Thank you to everyone who helped us out! Special thanks to Rev. Amy for riding on the float for the Hartland parade, and to Ric Sternkopf for building the church model (he also drove the float in both parades - thanks Ric!)

Hopefully this gets the word out to any folks who are looking for a church like ours!



- Claire J

LCUUC August Calendar

(All events at LCUUC unless otherwise noted.)

Saturday, August 1

— Youth return from Appalachia Service Trip

Sunday, August 2

9 am Couples in Recovery Group—Room 5

10 am Worship Service—Sanctuary

11:45 am Music Program Kick-Off—Firepit

Monday, August 3

6 pm RE Meetings—Rooms 1 & 5

Tuesday, August 4

3 pm Lekooks with Ukes—Room 3

6 pm RE Meetings—Rooms 4 & 5

7 pm Worship Comm. Mtg.—Room 1

7 pm S.O.S. Meeting—Room 2

Thursday, August 6

6 pm Kintsugi Sangha Meditation—Sanctuary

Sunday, August 9

10 am Worship Service—Sanctuary

Tuesday, August 11

3 pm Lekooks with Ukes—Room 3

6 pm Membership Comm. Mtg.—Room 1

7 pm S.O.S. Meeting—Room 2

Wednesday, August 12

4:45 pm Finance Comm. Mtg.—Room 1

6:30 pm Board Meeting—Room 5

Thursday, August 13

6 pm Kintsugi Sangha Meditation—Sanctuary

Friday, August 14

7 pm Bhakti Boys Kirtan—Sanctuary

Saturday, August 15

— NEWSLETTER DEADLINE

Sunday, August 16

10 am Worship Service—Sanctuary

11:15 am Solar Electric System 4th Anniversary
Celebration—Social Hall

Tuesday, August 18

3 pm Lekooks with Ukes—Room 3

7 pm S.O.S. Meeting—Room 2

Wednesday, August 19

6:30 pm Choir Practice—Sanctuary

Thursday, August 20

6 pm Kintsugi Sangha Meditation—Sanctuary

Friday, August 21

6 pm New Member Potluck / Bonfire—Firepit

Sunday, August 23

10 am Worship Service—Sanctuary

Tuesday, August 25

3 pm Lekooks with Ukes—Room 3

7 pm S.O.S. Meeting—Room 2

Wednesday, August 26

6:30 pm Choir Practice—Sanctuary

Thursday, August 27

6 pm Kintsugi Sangha Meditation—Sanctuary

Friday, August 28—Sunday, August 30

HS Camp-out at Kohler-Andrae State Park

Sunday, August 30

10 am Worship Service—Sanctuary

AUGUST

Happy Birthday
Wishes to:

4 Michelle H
Beth P
5 Jessie K
6 Linda F
10 Kim S
11 Emily H
13 Sullivan K
Kayden K
15 Nicole B
Ray G
Korinne S
22 Alex B
24 Jeanne S

26 Amy J
27 Ben G
Thomas V
29 Annika G
Isabella N
30 Angela E
Karl T
31 Hailey J
Kelly K
Robin R
Maya S



(Please contact Stephanie Flessert if your name is not included in the birthday congratulations.)



Printed on recycled paper.



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